



AUSTRALIAN ANTHROPOSOPHIC MEDICINE ASSOCIATION

Members of the School of Spiritual Science – Medical Section are invited to a retreat from

Friday 27th to Sunday 29th March 2009
held at the Harmony Centre 17 Beresford St Willow Vale NSW

First Class Mantra - experiencing the imponderable nature of the mantras in the human sheaths (bodies)

How can we deepen the work with the mantric verses through meditation and movement?

The work with the mantras should deepen our understanding of the human being and allow us to have greater depth in our work in healing.

This retreat is to be considered as a beginning of ongoing first class work in the medical section, and as a deepening of the esoteric work of the core group of people working in the anthroposophical medical movement.

The facilitators of the weekend are Karl Karltenbach – Class Reader and Michelle Nicholls – eurythmist.

Program

Friday

Time to be decided	Registration
6 – 7	Dinner
7.30 – 10	Mantra Reading (Lessons 14-15-16)

Saturday

8 – 9	Breakfast
9 – 10	Eurythmy (experiencing the Mantra)
10 – 10.30	Break (silence as much as possible)
10.30 – 12.30	Mantra - reading in parts - exploring along with Eurythmy.
12.20 – 2	Lunch (community gathering and talking)
2 – 3.30	Mantra - reading in parts - exploring along with Eurythmy
3.30 – 4	Break (silence as much as possible)
4 – 6	Mantra Reading
6 – 7	Dinner (community gathering talking)

Sunday

8 – 9	Breakfast
9 – 12.30	Mantra and Eurythmy

Cost: will be approximately \$200 which will include meals and accommodation. Accommodation at the Harmony Centre is in shared bunk rooms, billeting may be available.

Please register your interest.

Please bring your Blue membership card.

Accommodation Enquiries to John Holmes: 02 4872 1281 mobile:0423772612
johnjaqui@aapt.net.au

General Enquires to: Sue Scott mobile 0425 257 789

Registration: Barbara Rapson 03 9876 4728 aamaadmin@optusnet.com.au 37 Omeo Parade Warranwood Vic 3134